



EXCEL Conference

Chavous Conference Center, Ridgewood Missionary Baptist
5335 Ridgeway Street, Columbia, SC 29204

2.22.2020

8:00 - 8:25 AM

Registration and Breakfast Snack

8:30 - 10:00 AM
Keynote

10:15 - 11:45 AM

First 1.5-hour session

11:45 - 12:15 PM
Lunch provided

12:20 - 1:50 PM

Second 1.5-hour session

SCHEDULE

KEYNOTE SESSION

Enhancing Activities: Integrating your superpowers into your curriculum

Ashlye V. Wilkerson, Master Trainer and Author

Growth and Development

This keynote will help participants realize that when teaching, they are the biggest part of the curriculum. Participants will learn how to incorporate their skills, talents, personalities, knowledge, and experiences into their lessons to greatly impact and benefit the children that they serve.

BREAKOUT SESSIONS

Each breakout session will be offered during both the morning and afternoon sessions.

Best Practices for Reading Aloud to Young Children

Curriculum— 1.5 hrs

Lori Cook, Family Education Coordinator and Cassie Gary, Outreach Youth Specialist, Community Outreach—Richland Library

Learn read-aloud best practices, how little brains wire themselves for reading long before reading begins and how you can foster a lifelong love of reading.

Transition Time

Curriculum— 1.5 hrs

Robin Capers, Certified Trainer, Richland First Steps

Learn how to demonstrate behaviors that may cause challenges during transition times. Examples will also be shared with participants on how to implement these strategies when behaviors occur or how to prevent them from escalating.

Nutrition Cognition

Nutrition— 1.5 hrs

Susanna Watson, Certified Nurse Consultant, Richland First Steps

Ever wondered about all the different diets out there? Keto, low fat, Atkins, fasting. How do these diets apply to children? Come find out what good nutrition and diets have in common. We'll also cover the DSS requirements for applying nutrition standards in the child care setting.

Building Relationships and other Classroom Superpowers for Classroom Management

Child Guidance — 1.5 hrs

Elizabeth Hudgens, Inclusion Specialist

Join us as we explore the Pyramid Model and the relationship between challenging behavior and social and emotional development. We will discuss practical strategies that can be introduced in the classroom to help support social and emotional development and build relationships between students and teachers and with their peers.

Biting Sure Is a Pain!

Curriculum— 1.5 hrs

Marcia Bacon, Master Certified Trainer and CEO, Richland First Steps

Talk about one act by a child that brings up so many emotional responses - from the child who was bit, the teacher handling it, the parent hearing about it, and director dealing with fall-out. We will look at many reasons why children bite, what to do in certain situations and how to best respond to children and parents. Learn ways to take the emotional response out of the situation and really address what is going on when a child bites.

The Importance of Physical Health in Young Children

Professional Development— 1.5 hrs

Joanna Zaleski, Certified Trainer, Richland First Steps

As early childhood teachers we teach the foundation of literacy and math skills every day. But, are we teaching them the basics of how to maintain our physical health? Early childhood is the perfect age for teachers to start children on a path of healthy habits they will carry into adulthood. Learn how to talk about how the brain responds to physical exercise and easy ways to incorporate it at any age and level. We will also be demonstrating simple games you can use in your classroom!

What You Need to Know to Successfully Implement ABC Quality Infant and Toddler Standards In Your Classroom!

Curriculum— 1.5 hrs

ABC Specialist, SC Child Care Early Care and Education

This session will be an overview of the ABC Quality Infant and Toddler Intentional Teaching Tool. During this session find out what to expect when your ABC Quality assessor conducts your classroom observation. Join us for an engaging session to review new terms, practices and strategies that you will need to be successful implementing these standards.

Register on our website: www.richlandfirststeps.org